



When you are doing a **nightly reading fluency**, follow these suggestions:

1. **Use your phone** to time it for **1 minute**.
2. If your child struggles on a word for **3 seconds**, **give them the word** and **mark it** as an error.
3. Try to keep your fluency reading routine **consistent** and as **distraction-free** as possible.
4. **DO FLUENCY CHECKS EVERY NIGHT.**
5. If your child finishes the passage before 1 minute, remind them to **"loop"** back through to the beginning and **keep reading** (be sure to add those words to the total).
6. **CELEBRATE GROWTH** and encourage a **"Growth Mindset"** (say things like "We're getting better everyday!" or "Wow! You got that word this time!").



There is so much reading research that points to fluency (smoothness and automaticity) as being a strong predictor of comprehension (understanding what we read).

***So, what is fluency? Is it just "reading fast"? It's not that simple...***



**RATE:** The speed with which you read



**ACCURACY:** How many errors you make



**EXPRESSION:** Putting voice and feeling into reading



**PHRASING:** Stringing groups of words together as you read



**The more that you read,  
the more things you will know.  
The more that you learn,  
the more places you'll go.**  
-- Dr. Seuss